

Manchester Community CenterNews

BI-MONTHLY NEWSLETTER FOR MEMBERS of the MCC AND THE COMMUNITY AT LARGE

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U.S. POSTAGE
PAID
Permit #43
Manchester, MA 01944



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Annual Wobblin' Goblin

The Manchester Community Center and the Manchester Mother's Club will once again sponsor the Wobblin' Goblin walk on October 31st. The parade will start at 10am at the

Town Hall and the final destination will be the MCC where cider and donuts will be provided. Come join us for this fun event!

Manchester Community Center Needs Student Board Members

The Manchester Community Center is looking for students currently sophomores or juniors, who are interested in participating in the MCC's Teen Board. This is a great opportunity for enthusiastic students who are interested in planning fun events for the high school and middle school, as well as organizing fundraisers and projects for local charitable organizations. The Teen Board and adult advisers, who meet on a monthly basis to plan, organize and implement at least three events a year. Additionally, teen board members are also required to support the MCC's established events by volunteering

as needed. All hours can be delegated toward community service requirements, and scholarships are awarded to graduating seniors that have participated for at least 2 years. Our meetings start in the fall and take place from September through June.

To receive a more detailed list of the responsibilities of a Teen Board member, or inquire about the position, please contact Kim Kaner at the Manchester Community Center by emailing: manchestercommunitycenter@gmail.com or by calling 978-526-7626.



Save The Date!

September 1st
Reiki Clinic

September 9th
Yoga

October 3rd
Pumpkin Festival

October 31st
Wobblin Goblin

November 14th
Used Sports Equipment Sale

Reminder to renew your Membership!!



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OCTOBER 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 8:30a Strong Women 7:00p Manchester Harbor Boat	2 9:30a MMC Playgroup	3 10:00a Pumpkin Festival
4 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous	5 8:30a Strong Women 9:30 COA Quilters 1:00p Private Group 7:00p Narcotics Anonymous	6 10:00a Private Group 1:30p The Write Time 5:00p Reiki Clinic	7 5:30p Yoga	8 8:30a Strong Women	9 9:30a MMC Playgroup	10
11 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous	12 8:30a Strong Women 9:30 COA Quilters 1:00p Private Group 7:00p Narcotics Anonymous	13 10:00a Private Group 1:30p The Write Time 6:30p Seaside Garden Club	14 5:30p Yoga	15 8:30a Strong Women 6:00p MMC Student Board	16 9:30a MMC Playgroup	17
18 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous	19 8:30a Strong Women 9:30 COA Quilters 1:00p Private Group 7:00p Narcotics Anonymous 7:00p MCC Board Meeting	20 10:00a Private Group 1:30p The Write Time	21 5:30p Yoga	22 8:30a Strong Women	23 9:30a MMC Playgroup 5:00p Library	24
25 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous	26 8:30a Strong Women 9:30 COA Quilters 1:00p Private Group 7:00p Narcotics Anonymous	27 10:00a Private Group 1:30p The Write Time	28 5:30p Yoga	29 8:30a Strong Women	30 9:30a MMC Playgroup	31 10:00a Wobblin Goblin

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Community Center Sponsored Concert and Cookout



On Tuesday, July 28th, the Manchester Community Center sponsored the cookout in Masconomo Park. This event has become a well-attended and welcome tradition in our town. The beautiful weather combined with the upbeat music by the Mill Town Rounders and of course the perfectly grilled hamburgers and hot dogs courtesy of the MCC made the night spectacular! Almost 200 men, women and children turned out for this enjoyable event.

The MCC board members that helped make this possible were Rachel Schwartz, Peter Young, Peg Conlon, Eric Schwartz, Nancy Garvey, Rick Fedorowich, Carolyn Vendt & Family, Jan Albertazzi and a special thank you to Ereck Sullivan and Larry Kaner.

This is just another example of how the MCC brings together the people of our town! Also, thank you to the community for their donations. Hope to see you at our next event!

Manchester Community Center's 2015 Scholarship Recipients

Every year the MCC gives out scholarships to our most deserving student board members. We were fortunate enough to have two great senior student board members this year. The scholarships went to Courtney MacDougall and Sam Koufman. In the fall, Courtney will be attending Gordon College in Wenham as a Communication Arts major with a theatre minor. Sam will be attending the University of Vermont and majoring in Environmental Studies with a minor in Psychology Pre-law. We wish them the best of luck in their endeavors.



Pumpkin Festival



On Saturday, October 3rd, the Manchester Community Center along with the Manchester Mother's Club and The Parks and Recreation Department will sponsor a Pumpkin Festival. This event will take place outside the MCC from 10am until 12pm. This event is free. There will be pumpkins to decorate, face painting, refreshments, hay rides and pumpkin bowling. Fun for the whole family! In case of rain it will be inside the MCC. For more information contact the MCC at 978-526-7626.

Fall Office Hours

The fall office hours for the Manchester Community Center will begin on September 7th. The office hours are Monday through Friday from 9am to 12 noon. If you have any questions please email us at manchestercommunitycenter@gmail.com or call 978-526-7626.

Classes

Fall Yoga Session w/ The School of Royal Yoga

Adult Beginner Yoga Returns on Wed 9/9

Beginning 9/9 - 12/16 (no class 10/28, 11/11, 11/25) the School of Royal Yoga returns with Hatha Yoga for novice students through advanced beginner students. The class blends relaxation, gentle stretching, visualization, asanas (poses), and breath work for an invigorating, strengthening and relaxing session. Walk-ins are welcome at \$15/class; reduced rate for full registration. Please bring mat, towel, and water. Call Lynn with questions at 978.559.1974 or RoyalYoga7@hotmail.com

Gentle Approach Yoga 9/9-10/14

If you are looking for a gentler mat class with slower transitions and gentle approaches to strengthening and balance, then this class may be for you. Relaxing asanas blend with gentle flows and breath and visualization practice to bring peace and encourage confidence. Walk-in are welcome at \$15/class. Please bring mat, towel, and water. (Some mats available for use). Call Lynn with q's at 978.559.1974 or RoyalYoga7@hotmail.com

Still in Need of Diapers and Toddler Clothing

Better Off Baby Showers (BOBS) is a non-profit, diaper bank program that provides diapers and baby essentials such as baby clothes and gear, to expecting and new mothers living in poverty and in critical need. The program distributes diapers and new and lightly used items through a network of non-profit organizations that serve families in crisis. The program is currently serving the Cape Ann area of Massachusetts. Better Off Baby Showers is a fiscally sponsored program of Action Inc. a 501(c)(3) non-profit organization. The Manchester Community Center has a donation box in the lobby. To learn more about the program or to donate, please visit the programs website at www.betteroffbabyshowers.org.

2015 Save the Date

USED SPORTS SALE November 14th

Fall Cleaning is here! Donate, or sell on consignment, your gently-used sports equipment from any season at the Manchester Community Center's ANNUAL USED SPORTS EQUIPMENT SALE on Saturday November 14th! Call MCC for more information 978-526-7626.

Drop Off: 9 a.m. - 11 a.m.
Sale: 12 p.m. - 3 p.m.
Pick Up of Unsold Items: 3 p.m. - 4 p.m.

BOARD OF DIRECTORS 2015-2016

PRESIDENT

Patrick Meehan

VICE PRESIDENT

Anthony Bullock

TREASURER

Peter Young

SECRETARY

Rachel Schwartz

EXECUTIVE DIRECTOR

Kim Kaner

MEMBERS AT LARGE

(2016) Diane Neal Emmons

(2016) David Crosby

(2016) Lise Koufman

(2016) Nancy Garvey

(2016) Carolyn Vendt

(2016) Rick Fedorowich

(2016) Julie Tosi

(2016) Jason Jakes

(2016) David Haley

Student Board Members

(2016) Erin Carlson

(2017) Gillian Winn

(2017) Becka Hill



PLEASE JOIN US TODAY!

Like most not-for-profit organizations, the Manchester Community Center relies on its membership for support.

Membership benefits include reduced rates for programs and rental of the Manchester Community Center.

Membership:

Senior Citizen - \$10 Individual - \$25 Family - \$50

Sponsor - \$ _____

NAME(S): _____

ADDRESS: _____

EMAIL: _____

Checks should be made out to: Manchester Community Center and returned to:
Manchester Community Center, P.O. Box 212, Manchester, MA 01944