

Manchester Community CenterNews

BI-MONTHLY NEWSLETTER FOR MEMBERS of the MCC AND THE COMMUNITY AT LARGE



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Manchester Community CenterNews

DECEMBER 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous	2 8:30a Strong Women COA Quilting 9:30a Private Rental 12:00p Questions for the Politicians 7:00p	3 9:00a Tai-Chi Community Reiki Share 5:00p	4 8:30a Tai Chi Gingerbread Houses 12:00p Yoga 5:30p	5 8:30a Strong Women Little Learners Story Time 9:45a	6 9:30a MMC Playgroup OPEN HOUSE 4:00p	7 1:00p Jingle Bell Walk
8 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous 3:30p Girl Scout Troop	9 8:30a Strong Women COA Quilting 9:30a Private Rental 12:00p	10 9:00a Tai-Chi Gingerbread houses PTO 3:00p Seaside Garden Club 6:00p	11 8:30a Tai Chi Yoga 5:30p	12 8:30a Strong Women Little Learners Story Time 9:45a	13 9:30a MMC Playgroup Student Board Event 6:00p	14
15 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous 3:30p Girl Scout Troop 70363	16 8:30a Strong Women COA Quilting 9:30a Private Rental 12:00p	17 9:00a Tai-Chi	18 6:30p Private Rental	19 8:30a Strong Women Little Learners Story Time 9:45a	20 9:30a MMC Playgroup Manchester/Essex High 7:00p	21 12:00p Private Rental
22 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous	23	24	25	26	27 9:30a MMC Playgroup	28
29 8:30a Overeaters Anonymous 9:30a Alcoholics Anonymous 1:00a Private Rental	30	31				

Manchester Community Center



SAVE THE DATE

On Going	Yoga
On Going	Community Reiki Share
On Going	Tai Chi
November 9th	Used Sports Sale
December 6th	MCC Christmas Open House
December 7th	Jingle Bell Walk

Used Sports Sale on November 9th

Fall cleaning is here! Donate, or sell on consignment, your gently-used sports equipment from any season at the manchester community center's annual used sports equipment sale on Saturday, November 9th call mcc for more information 978-526-7626.



Drop Off:
Friday, November 8th
6:00pm to 7:00pm
& Saturday, November 9th
9am to 11am
Sale:
11 a.m. – 3 p.m.
Pick Up of Unsold Items:
3 p.m.



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BI-MONTHLY NEWSLETTER FOR MEMBERS of the MCC AND THE COMMUNITY AT LARGE NOVEMBER/DECEMBER 2019



Dear Friends & Patrons,

For over 40 years, your Community Center has been serving the residents of Manchester. What started out as a Youth Center has evolved to include programs for all residents? In fact, over **650** events, programs, classes, meetings and community gatherings are sponsored or take place at the Community Center each year.

We operate as an independent nonprofit organization, and receive no funding from the Town of Manchester. We depend on various fundraisers that include the MCC Golf /Tennis Tournament, our Annual Appeal and to a lesser extent on a vibrant membership.

All town residents will soon be receiving our Annual Appeal letter. The MCC understands that the economy has drastically hurt fundraising efforts for many non-profits including the MCC. For the past several years, we have operated at a loss. We made a choice to continue to offer the multitude of programs and fund them through our reserves, rather than cutting programs and services. Without your support, the Community Center will not be able to thrive as it has for 40 years. During the holiday season please consider the Manchester Community Center in your charitable giving plans.

Please reach out to us with any questions or suggestions. Our best to all of you as we enter the holiday season!

Sincerely,

The Board of Directors

Santa is Coming to the Community Center!

The Annual Jingle Bell Walk which is co-sponsored by the Community Center, The Manchester Mother's Club and The Chamber of Commerce is scheduled this year for Saturday, December 7th. Santa will arrive at Masconomo Park by boat at 1pm. The jolly man will lead children on a Jingle Bell Walk followed by an open house at the MCC from 1:00pm to 3:00pm, where there will be a miniature petting zoo, a craft activity, entertainment with Mrs. Claus and delicious refreshments. Along with that, everyone will get a chance to meet Santa and take pictures. So come join us for an afternoon of fun!



Tai Chi For Beginners

Tuesdays 9am – 10am

Register with Instructor

Tai Chi, a sequence of slow, flowing dance-like movements based on the Chinese Martial Arts, improves memory, concentration, coordination, balance, flexibility, circulation and muscle strength and helps with pain and stiffness. It facilitates deep breathing, lowering the levels of stress and anxiety. Tai Chi also improves the quality of sleep and stimulates internal organs supporting the digestive system. Tai Chi is meditation in movement and it promotes the integration of body, mind and spirit.

The first class: \$15 (followed by monthly payments of \$60 or \$75 for four of five classes in the month respectively)

If you are interested contact the instructor, Jorgelina Zeoli, at jayzee.warrior@comcast.net or 978-704-9553.

Music Lessons for Beginners for ages 18 to 99

Piano - Singing - Ear Training
Keyboard Harmony

Schedule to be determined for each student.

Instructor: Jorgelina Zeoli.

Jorgelina is a former recital organist with a Bachelor's Degree In Organ Performance from The New England Conservatory of Music. She is also a Tai Chi instructor and a self-published inspirational author.

Home: 978.704-9553

www.jorgelinazeoli.com

CLASSES



YOGA

Did you know that many Yoga poses help strengthen the respiratory season? Join the School of Royal Yoga on Wednesday evenings to strengthen lungs and help fight colds and flu. Class meets Wednesdays at 5:30 pm. Please come a few minutes early and bring mat, pillow or towel, and water. No prior experience is necessary. Walk-in suggested fee is \$15. Questions? call Lynn H. at 978.559.1974 or email at Royalyoga7@hotmail.com

Community Reiki Share

Community Reiki Share held first Tuesdays from 5-8pm. Enjoy a relaxing table or chair session of Reiki (ray-kee) by donation.

Reiki is a Japanese Healing Art that promotes relaxation, comfort and calm. Advanced registration encouraged, contact Reiki teacher, Karen Pischke, BSN, RN. Email: info@dreamtimewellness.com. Each month a charity is designated to receive a portion of the proceeds. Enjoy a Reiki Session while supporting local charities.

Wobblin Goblin Festival



On Saturday October 19th, The Manchester Community Center, The Manchester Parks and Recreation Department, and the Manchester Mother's Club sponsored the Wobblin Goblin Festival in Masconomo Park. Over 100 people joined in on this fun free event, as we welcomed fall. The parade started off at Town Hall where the children took pictures on the decorated hay bales. It proceeded down Union Street to Beach Street and went by all the local businesses who gave them yummy candy treats. The parade ended in Masconomo Park where the families enjoyed pumpkin decorating, face painting, hayrides, games, crafts, an appearance by the Music Man, cider donuts and of course prizes for all participants.

Thank you to all of our volunteers who made this event fun for all ages! Please join us next year as we celebrate and enjoy this festive occasion. For more information please contact The Manchester Community Center at 978-526-7626 or email at manchestercommunitycenter@gmail.com.

Little Learners Story Time with Julie Arthur

The little Learners Story Time will be back at the MCC starting on Thursdays from 9:45 to 10:45am. This is a free program for children ages 0-3 and their parents/caregivers. They will enjoy stories, games, finger plays, rhymes and songs while exploring our physical environment in a play-based group. A fantastic opportunity to meet and connect with other families in the community!

Please register online at www.EarlyChildhoodPartners.com or call 978-468-5489

MCC Opens its Doors For The Manchester Holiday Stroll!

On Friday, December 6th as part of the annual Christmas by the Sea weekend, the MCC will host an open house celebration from **4 to 8pm**. The center will be filled with twinkling lights and ambiance, setting the stage for local performers to entertain our visitors. There will be cocktails, treats and **beginning at 5pm entertainment** to help celebrate this festive event. Guests will get a chance to relax, socialize and get a stamp for their chance to win one of the prizes given out this year.



PLEASE JOIN US TODAY!

Like most not-for-profit organizations, the Manchester Community Center relies on its membership for support.

Membership benefits include reduced rates for programs and rental of the Manchester Community Center.

Membership:

☐ Senior Citizen - \$10 ☐ Individual - \$25 ☐ Family - \$50

☐ Sponsor - \$_____

NAME(S): _____

ADDRESS: _____

EMAIL: _____

Checks should be made out to: **Manchester Community Center** and returned to:
Manchester Community Center, P.O. Box 212, Manchester, MA 01944